



Pyramid Support at Home Activity Plan

Activity: Water Balloons

Description: This lesson is a simple play-based activity with water balloons. The activity can be set up for it to be social and played with others or learners can be taught to play with the water balloons independently.

Materials: Balloons, Water, Faucet or hose, targets(optional) can be made and individualized with preferred characters (e.g., Spongebob) or learning targets (e.g., letters, numbers, shapes, etc.)

Supplemental Activities:

Additional Water Balloon Game Ideas - <https://www.youtube.com/watch?v=XjeEmo3ASGU>

Pool Filled with Water Balloons Video - <https://www.youtube.com/watch?v=aDgxom2g1PE>

POTENTIAL LEARNING OPPORTUNITIES – You DO NOT need to do these all at once. Remember you can run the activity multiple times and focus on the same or different learning opportunities each time you do the activity. Take a look below or brainstorm your own learning opportunities and pick a few to focus on when working with your learner.

Requests	Comments	Directions	Possible Behavioral Tolerance opportunities	Other Learning Opportunities
-Water	-It broke!	-Your turn _____	-Work on waiting (e.g. to throw balloon)	- Independently setting up and cleaning up materials, throwing out balloon trash
-My Turn	-Yeah! (or any type of celebration phrase)	-Throw		
-Fill Up	-Bullseye	-Stand here	-Work on turn taking	-Filling up the balloon
-Help	-I did it!	-Go		-Turn the water on or off
-High Five	-I'm wet	-Look	-Gradually increasing the amount of time your learner can spend in the activity	- Aiming for a specific target
-Balloon		-Stop		
-Sink or Hose		-Take _____		
-Big or Little		-Get the _____		
-Many or lots				
-Throw				