



## **Lesson: Sock Ball**

### **Materials:**

- Socks
- Container (ex. box) or hoop

**Directions:** Roll several clean socks into balls. Use socks that are different sizes and colors. Play a game with the sock balls and have your learner request the sock ball they want to throw, roll, or catch.

**POTENTIAL LEARNING OPPORTUNITIES** – You DO NOT need to do these all at once. Remember you can run the lesson/activity multiple times and focus on the same targets or different targets each time you do the activity. See ideas below or brainstorm your own learning opportunities to focus on when working with your learner. Make it as fun as possible. **Enjoy!**

<b>Speaker/Expressive Communication</b>	<b>Listener/Receptive Communication</b>		
<b>Requests</b>	<b>Following Directions</b>	<b>Possible Skills to teach</b>	<b>Ways to increase Independence</b>
-Ball -Sock -Colors (e.g. blue, red) -Number (e.g. 3 balls) -Size (e.g. big/little)	-Look -Stop -Throw ____ -Roll ____ -"Ready, steady, go"	- Increase time on task** and engagement with materials - Staying in the learning area** **Begin with short time periods then gradually increase the amount of time your learner can spend in the activity -Work on saying NO and offering alternative choices (e.g. Say "blue is gone, there are red or yellow socks") -Work on prepositions by putting/getting the ball at different places ( in, on, under).e.g. It's gone under the chair. -Working on possessive pronouns (e.g. dad's socks, my socks)	-Tidying up after playing - Help with matching correct pairs of socks (find the same) to put them back. -Put socks back in their correct drawers