

Support at Home Activity: Making Hot Chocolate

Description: This is a simple cooking activity to make packet-based hot chocolate with your learner.

Materials: Mug or Cup, Hot Chocolate Packet, Spoon, Water or Milk, Marshmallows, Sprinkles, Whipped Cream, Microwave

Supplemental Links:

Polar Express Hot Chocolate Song - https://www.youtube.com/watch?v=B8d_gTgvqxs

POTENTIAL LEARNING OPPORTUNITIES – You DO NOT need to do these all at once. Remember you can run the activity multiple times and focus on the same or different learning opportunities each time you do the activity. Take a look below or brainstorm your own learning opportunities and pick a few to focus on when working with your learner.

Requests	Comments	Directions	Critical Skills	Other Learning Opportunities
-Water or Milk	-Yum!	-Stir	-Work on waiting	- Independently setting up and cleaning up materials
-Cup or Mug	-Hot!	-Put in	-Work on turn taking	-Wiping down cooking surface
-Microwave	-I like...	-Take ____	-Requesting Help	-Washing and putting things into sink or dishwasher
-Open	-I don't like	-Open the ____	- Answering a yes/no question	- Pouring liquid into the cup
-Start	-Tastes Sweet	-Look	- Tolerating "no" if something is not available and making another choice	-Independently drinking
-Marshmallow	-Awesome, Fantastic, etc.	-Stop		-Counting when stirring or counting out marshmallows
-Whipped Cream	-Looks good	-Get the ____		-Using the Microwave
-Sprinkles		** These can be vocal directions or picture directions		
-Ice Cube				
-Pour In or Put in				
- Stir				