



Lesson: Frozen Paint Activity

Materials:

- Food coloring
- Water
- Flour
- Moulds
- Paper
- Paintbrush
- OPTIONAL Hammer*

Instructions: Mix water and flour together, there is no particular measurement but half and half will give you a good consistency. Once the mixture is made, put it into the moulds. Why not try different shapes? Once the mixture is in the mould add the food coloring and mix it around with a spoon until it has spread through the whole mould. Then freeze overnight. When you take them out of the freezer they begin to melt and will have a paint consistency. *Always provide appropriate supervision if allowing your learner to use a hammer.

POTENTIAL LEARNING OPPORTUNITIES – You DO NOT need to do these all at once. Remember you can run the lesson/activity multiple times and focus on the same targets or different targets each time you do the activity. See ideas below or brainstorm your own learning opportunities to focus on when working with your learner. Pick 1, 2, or a few and **have fun!**

Speaker/Expressive Communication		Listener/Receptive Communication		
Requests	Comments	Following Directions	Possible Skills to teach	Ways to increase Independence
-Paint -Shapes (if you use a variety of moulds) -Colours -Paper -Paintbrush -Verbs: Draw -They could ask you to draw something for them. -Towel if they want to clean their hands	-Messy -I see.... Colours/shapes -It's _____	-Get the ____ -Choose ____ -Wash hands -Draw a__	-Imitation using the paintbrush or hands in the paint -Work on waiting (e.g. have learner wait ____ amount of time before you give them requested item). - Staying in the learning area, with peer/sibling -Sharing and exchanging items -Communicating with peers/siblings -Work on saying no and offering alternative choices (e.g. Say "We haven't got anymore stars but you can have a circle)	- washing their own hands after the activity -getting their own items e.g. frozen paint, paper, paintbrush -