



Lesson: Easy No-Cook Playdough

Materials/Ingredients:

- Large mixing bowl
- Measuring spoons
- Measuring cups
- Wooden board for kneading
- Flour
- Warm water
- Salt
- Vegetable Oil
- Food coloring
- Optional: essential oils, spices, glitter

Directions:

Preparation and use:

- Step 1. Pour ¼ cup of warm water in mixing bowl
- Step 2. Add 4-5 drops of food coloring of your choice
- Step 3. Add 1 cup of flour to water
- Step 4. Add 2 Tablespoons of salt
- Step 5. Add 1 Tablespoon of vegetable oil
- Step 6. Optional: add essential oil, spices and/or glitter
- Step 7. Add a sprinkle of flour to board and knead the dough until smooth
- Step 8. Store playdough in plastic bag in your refrigerator

Possible Lesson Targets:

Requesting	Commenting	Following Directions	Possible Skills to Teach
<ul style="list-style-type: none"> - Bowl - Measuring cups - Measuring spoons - Flour - Water - Food coloring (by specific color) - My turn - Action with dough - Pour - Stir 	<ul style="list-style-type: none"> - This is fun! - It feels smooth - I see ____. - It is a ____. - I like ____. - I don't like ____. - I smell ____. 	<ul style="list-style-type: none"> - Get the ____. - Put in - Stir - Pour - Knead 	<ul style="list-style-type: none"> - Waiting (especially if you are making with more than one learner) - Increased time on task** and engagement with materials - Following a visual recipe - Responding yes/no (when choosing colors) - Asking for help



Supplemental Activities:

- Get out all your playdough tools such as rolling pin, cookie cutters, knife etc. and start creating.
- Students who are in Phase 4 can request items using a sentence.
- Students who are in Phase 4 and Attributes can request using descriptive vocabulary such as, "I want green cookie cutter" or "I want green fish cookie cutter" or "I want big blue bunny cookie cutter".
- Students who are in Phase 6 -Commenting can use what they like and what their playdough animals are doing such as "I like fish" or "My fish is swimming".
- Many pretend play opportunities such as having a tea party, making cookies, making a cake etc.

Have fun!!!!