

PYRAMID SUPPORT AT HOME ACTIVITY PLAN

Lesson: Camping/Hiking

Description: Being outside can be relaxing and fun for individuals of all ages. Hiking and camping have many opportunities for learning in a natural environment. If you live in an area where camping and hiking is close or you are on a vacation you can go out on an adventure, if not you can have some fun camping in your own backyard/schoolyard.

Materials: The materials can vary based on where you are camping or what you have access to use

Tent, Sleeping Bag, Sleeping Pad or mattress, Blankets, Pillow, Stuffed Animals, Flashlight/Headlamp, Binoculars, Hiking Stick, Snacks, Backpack, Map, Smores ingredients, Coat or different layers, Handheld Fan, Hat, Sunglasses, Water and Water Bottle

Kids Camping Songs - <https://www.thecrazyoutdoormama.com/27-campfire-songs-for-kids-pdf-printables/>

POTENTIAL LEARNING OPPORTUNITIES – You DO NOT need to do these all at once. Remember you can complete the activity multiple times and focus on the same or different learning opportunities each time you do the activity. Look below or brainstorm your own learning opportunities and select a few to focus on when working with your learner.

Requests	Comments	Directions	Possible Behavioral Tolerance opportunities	Other Learning Opportunities
-Look!	- It's _____ (rainy, sunny, etc.)	-Responds to name	-Responding to "yes" or "no" to different things they might want/not want or need/not need	- Independently setting up or taking down a tent or doing this with help
-I want/I don't want	-It's cold/hot	-Go!	-Hearing "no" and accepting an alternative	-Imitation with materials (e.g., flashlight game, etc.)
-Clothing based on weather – Hat, Coat, Gloves, Socks, Sandals, Sunglasses, etc	-I hear _____	-Stop!	-Checking schedule (campfire, hike, smores, swimming, dinner, etc.) You can have a schedule with you even outside!	-Playing yard games (horseshoes, frisbee, etc.)
-Hiking Boots or Sneakers	-I see or It's _____	-Help me	-Waiting for Smore to cook or for anything else while hiking or camping	-Playing with Walkie-Talkies
-Water / Water Bottle	-I smell _____	-Get the _____	-Help request	-Putting on extra clothing layers or changing
-Flashlight/Headlamp	-It feels _____	-Put the _____ here		
-Open/Zip/Unzip	-Animals they see/hear	- Open		
-Tent / Sleeping Bag/Pillows/ Sleeping Pad or Mattress	-I like/ I don't like	-Zip/Unzip		
-Stuffed Animals	-I'm tired	-Come here		
-Binoculars/Walkie-Talkies		-Walk or put this in front / behind / next to me		
-Come in /Go away				
-Music/Singing/Specific song				